

One Stop for Natural Health Care • Chiropractic • Therapeutic Massage • Low Level Laser



The Experts® on Chiropractic Care:



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The Experts®  
you need to know  
on Chiropractic Care

Dr. Wallace Jans

### WHEN YOUR CAR BREAKS DOWN

Vehicles have this annoying thing called a "Check Engine" light that comes on at the most inconvenient times. It's the car's attempt to get your attention to do something to correct problems, hopefully before something really major breaks down. It's really pretty amazing that your automobile can monitor its major systems and let you know if there are any malfunctions. You ignore the "Check Engine" light at your own peril. There is however an even more important step to be taken to avoid breakdowns and that's to have a technician do regular maintenance and inspection of the vehicle. An experienced, trained technician can find and fix problems long before the "Check Engine" system will detect them.

Your body is similar to your car in many ways. It has a warning system for when there are problems. It's called "Pain". "Pain" is your body's attempt to get your attention the same as the "Check Engine" light. When "Pain" is present there is already a problem but just like the "Check Engine" light, it doesn't necessarily tell you where or what the problem is. Just like your vehicle most problems can be detected and corrected before the "Pain" warning system is activated. Chiropractors are specifically trained to detect physical problems before symptoms are present.

Just like it is much more convenient and cost effective to do regular maintenance on your vehicle, maintaining your body also makes sense. You depend on your body to be working in top form 24 hours/day, 7 days/week, 365 days/year. Body breakdowns are much worse than car breakdowns. Not only is there pain, but also the inability to function normally. This may include physical restrictions, digestive problems, cardiovascular issues, and nervous system dysfunction. The ability to eat, sleep, work and play may be

lost. The cost of correcting problems can be high in time, effort and dollars. You can't just get a rental while your body is being fixed and you can't trade it in for a new model. You will only ever have one body, so look after it wisely!

Why not make 2015 the year when you start looking after your body better? We can help! Call for a check up whether your "Check Engine" light is on or not.

**Is it time for YOU  
to get checked?**



**CALL 403-529-9069  
FOR A FREE CONSULTATION**



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