

One Stop for Natural Health Care • Chiropractic • Therapeutic Massage • Low Level Laser



The Experts® on Chiropractic Care:



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The Experts®
you need to know
on Chiropractic Care



Dr. Wallace Jans

YOU DON'T NEED TO SEE A CHIROPRACTOR

Perhaps you are a fortunate person who doesn't have back pain, neck pain or headaches. You also eat well and have an effective exercise regime. You are one of the few people who don't take medications. You have energy and vitality. You value your health and put significant energy into making sure you stay healthy. Because you are healthy and pain free, you see no need to visit a chiropractor.

But have you ever considered that chiropractic can be beneficial for people who don't have pain and are healthy? Why is it that professional and Olympic athletes receive chiropractic care not only to rehabilitate injuries but to improve their performance? Why do people under chiropractic care sleep better, have better balance, experience fewer illnesses, and perform their tasks more easily?

Think of your body as a high performance sports car, only far more complex. For the sports car to perform the way it was intended, each and every component must be working perfectly. Over time the car will require maintenance and tuning for it to continue to perform at a high level. Without periodic tune-ups, it may still look good and get to the supermarket just fine, but it won't be the high performance beast it once was. In a similar fashion, your body requires periodic maintenance to perform in the way it was intended to.

Your body is much more complex than any vehicle ever created. It has such reserve and resiliency that it will continue to function even when many of its systems are compromised. But when it's "out of tune" it can't perform at the high level at which it was created to function. Small misalignments in the spine can have profound effects on the body's communication system – the nervous system. Nerve impulses going from the brain to the body, or the body to the brain, are altered. The body's ability to function at its optimal level is compromised. Although there may be no pain or overt symptoms, there is a loss of performance. A properly functioning spine is key to vital health.

Like a good sports car mechanic, chiropractors are trained to find and correct small dysfunctions before major problems occur. If you are the type of person who is not satisfied with mediocre performance or health, then don't neglect how your spine is functioning. Your long term, overall health is dependent on it. You actually may need to see a chiropractor in order to be your best. Call 403-529-9069 today for a free consultation.



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ARE YOU FINE TUNED FOR OPTIMAL PERFORMANCE?



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