

One Stop for Natural Health Care • Chiropractic • Therapeutic Massage • Low Level Laser



The Experts® on Chiropractic Care:



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### Responsibilities

In chiropractic, as with everything in our lives, there are responsibilities for each involved party. If an individual understands the responsibilities of both parties in regards to their situation and health care, they can maximize the opportunities to heal.

As chiropractors we have the responsibility to adjust the body, but we do not heal the body. The patient's body does the healing; the chiropractor helps to guide the body in this journey. The chiropractic adjustment assists the body in the healing process, but it is just one component of the patient's health regime. A chiropractor can only control what they contribute to each doctor-patient relationship. A patient's health and well-being is ultimately the patient's responsibility.

It is the chiropractor's responsibility to obtain a complete health history, perform an examination, give an appropriate diagnosis, and present a care plan if the patient can benefit from chiropractic care. It is the patient's responsibility to accurately describe their prior and current health status and

ultimately it is the patient's choice whether to accept the recommendations presented by the chiropractor. However, if recommendations are not followed, the patient may not see the results they desire or expect. It is the patient's responsibility to ask questions if something is unclear, whether it is an exercise that is recommended or the reason for the frequency of care. It is the chiropractor's responsibility to answer these questions. As chiropractors we have the responsibility to have clear intentions, explain what we have found and describe what we are doing, but the patient has the responsibility to choose whether they accept our report, trust us and follow our recommendations.

As the chiropractor it is our responsibility to decide how, when and where to adjust the patient, but we can not take credit if the patient gets better, feels worse or has no symptom change. The body has to respond to the adjustment and there are so many factors contributing to how the body reacts: stress levels (emotional, mental and physical), physical activity, repetitive activity, prior injury, scar tissue, etc. The body needs time to take action, go through an inflammatory reaction and heal.

Not only do we strive to provide a comfortable and welcoming atmosphere, answer questions and offer quality chiropractic care, but it is our responsibility. To have a successful doctor-patient relationship it is important for the patient to take responsibility for their portion of care. We love seeing success cases as patients improve and strive toward better health. Interested in starting a journey to health? Just call.



**Call 403-529-9069  
for a FREE consultation!**

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